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ALL THINGS AUTUMN

7 places to fall in love with fall foliage

COMPILED BY KIMBERLY WILSON



TWIN FARMS BARNARD, VT.

In autumn, the state of Vermont comes to ors of red, orange and vellow everywhere. especially as seen from your whimsical cottage tucked away in the Twir Farms' secluded woodlands. Situated on 300 acres of lush meadowlands and overlooking the Green Mountains in Barnard, Twin Farms is 20 distinctive lodgings with king-size feather beds and sitting areas places that open onto screened porches. The five-star property's cuisine reflects the changing seasons, inspired by duce, and Twin Farms' estate-grown herbs, fruits and vegetables.

t's time to pull out your jeans and sweaters and get ready for the new season. From leaf peeping and hiking to bonfires and horseback riding, there are plenty of activities to get you in the mood for fall. If you're looking to travel this season, we've got you covered. So, sit back, relax and imagine breathing in cool, crisp air while checking out our list of favorite fall destinations.

INTERCONTINENTAL WASHINGTON D.C. – THE WHARF WASHINGTON, D.C.

This luxury hotel, which opened in October 2017, offers spacious guest rooms with unrivaled views of the Potomac River and the changing colors of the surrounding foliage—a beautiful contrast to the surrounding public spaces. In mid-2018, the hotel debuted a new rooftop pool complex and L'Occitane spa. While it will be too cold to swim, guests will have a prime leaf-peeping spot and can retreat down to the spa to warm up with a variety of fall-inspired spa treatments.

BARNSLEY RESORT ADAIRSVILLE, GA.

History, outdoor adventure and Southern comfort all come together at Barnsley Resort. Spread out amongst 3,000 acres of Southern terrain, this resort-meets-playground serves as the ultimate retreat to explore the beauty of the outdoors. Here, guests can take in the bright orange, vellow and red hues in the treetops while enjoying several of the resort's activities - from horseback riding through the mountains to shooting clays and hiking through miles of trails in the foothills of the Blue Ridge Mountains. Those opting for more laid-back options to admire autumn can enjoy the views from their cottage porches, or head to the resort's outdoor fire pits at dusk with a warm drink in hand.

MISSION POINT MACKINAC ISLAND, MICH.

While summer is commonly thought of as Mackinac Island's prime season, visitors are encouraged to take a fall trip to experience a different side of the island; this is the time when they'll find the best seats on ferries, prime lakeside restaurant tables, deserted hiking trails and bargain hotel rates. Set on 18 acres of lakefront property where Lake Huron meets Lake Michigan lies the seasonal Mission Point, which remains open just long enough for visitors to enjoy the beautiful, charming fall season. Thanks to the insulating effects of the Great Lakes, the leaves start changing in late September and continue to turn colors into late October, making the backdrop even more picturesque. Take advantage of the "Fall Foliage, Food and Wine" package, which includes half-day bike rentals and a private horse and carriage ride, along with delicious meals at Mission Point.

SUNCADIA RESORT CLE ELUM, WASH.

This resort, located in the Cascade Mountains, is surrounded by 6,400 acres of forested mountain landscape that can be explored year-round. With 40 miles of groomed trails and maps available on property, hiking and biking are energizing ways to enjoy that fresh alpine air while exploring the area. Bring your own bike or rent one at The Inn at Suncadia. An 8-mile guided "Bike + Pint" tour is also available; it takes guests through Suncadia's beautiful forest and Nelson Farm, pausing at the historic Roslyn Cemetery and concluding with a pit stop at Washington's oldest continuously operating saloon. The Brick Tavern, for a local craft beer.

GRACE MAYFLOWER INN AND SPA WASHINGTON, CONN.

Grace Mayflower Inn and Spa is an exquisite country retreat nestled in 58 acres of beautifully landscaped gardens and woodland, making it one of the best places in the Northeast to be truly immersed in fall foliage. Guests can cozy up by the fireplace or relax in the spa's Garden Room while enjoying picturesque views of the changing colors. For those who want even more, guests can take a walk through the woodlands surrounding the property and experience a true fall foliage escape.

MOUNTAIN TREK BRITISH COLUMBIA

Offering beautiful alpine meadows and stunning views over Kootenay Lake, Mountain Trek is the perfect place to recuperate from the summer and recommit to health among the great outdoors. Autumn in British Columbia lends itself to outstanding views of fall foliage, as the trees become tinged with vibrant shades of red, orange and gold set against a backdrop of mountain peaks. Dedicated to creating long-lasting lifestyle changes, Mountain Trek offers health and wellness programs, including daily Nordic fitness trekking, yoga, fitness hikes, health lectures, and spa treatments.



SAGAMORE PENDRY BALTIMORE BALTIMORE, MD.

This fall, guests of Sagamore Pendry Baltimore can enjoy a taste of the city, one of the birthplaces of Rye whiskey, by booking The Sagamore Experience package for private tours of the award-winning Sagamore Spirit Distillery. Guests can top off their experience in style with a helicopter tour of the area courtesy of Charm City Helicopters, which offers the best aerial views of Baltimore's Route 83, including Baltimore's beautful fall foliage, and a flyover of Sagamore Farm and spring house, the birthplace of Sagamore Whiskey. The Sagamore Experience includes accommodations in a harbor view guest room, water taxi transportation, Sagamore Spirit distillery tour and a \$50 daily food and beverage credit to experience an autumnal menu at Rec Pier Chop House or The Cannon Room.