



Activities Guidelines
(*notices and warnings – assumption of risk*)

Twin Farms welcomes you to our property and encourages you to enjoy our property in a safe and responsible manner.

Your safety and the safety of all our guests and staff, and your enjoyment of your stay and guest experience, are our primary concerns.

We ask that you please take proper care and precautions for your safety and the safety of others. There are certain elements associated with the natural condition of the Twin Farms property that could present some risks to you. This notice identifies certain steps that you can take to facilitate your safety and enjoyment of our property.

To facilitate your safety and enjoyment of our property, we recommend that you familiarize yourself with our guidelines and awareness of some of the risks associated with various activities on the Twin Farms properties.

Some of the activities and use of equipment can involve various hazards and risks to your health and safety including such things as unpredictable weather conditions, wildlife and domestic animal encounters, exposure to the elements, marked and unmarked obstacles, natural or man-made features, unstable ice and snow, uneven walking surfaces, changes or variations in terrain, or fallen trees or limbs on the trails. By participating in any sport or recreational activity, guests accept and assume the danger and risks associated with such sport or activity.

By partaking in any of the activities we offer, our guests must ensure, based upon their own discussions with their physicians and other medical advisers, that they have the physical fitness and dexterity to engage in their selected activities. Twin Farms makes no representation that the activities are appropriate for our guests, but rather are available as an amenity to enhance your stay. Each guest is responsible for their own physical health, safety, and ability to engage in any of the voluntary activities we offer.

ACTIVITIES

We offer many scheduled activities. If you choose to explore the property on your own, we recommend that you inform someone of your planned destination and estimated time of return.

The following are guidelines to be followed:

- Stay on the marked trails.
- Be prepared – ask our personnel for anything you need:
 - Water bottles to stay hydrated;
 - Insect repellent;

- Walking sticks;
- Maps to know where you are going.
- Dress in layers; use proper precaution to allow for sudden changes in the weather.
- Wear appropriate footwear.
- **Please ask our team if you need any assistance.**

USE OF EQUIPMENT

Our personnel will provide you with the equipment necessary for your enjoyment of activities if you don't have your own.

- Follow the recommendations of our staff in using the equipment and our facilities.
- Use of your own equipment or the equipment we provide is at your own risk.
- Certain equipment can be used only on the Twin Farms property.
- Helmets must be worn while biking, downhill skiing or sledding.
- Life vests are mandatory during all water sports activities.
- You are responsible for returning all equipment in the same condition in which it was received.
- Use of our motorized equipment is limited to Twin Farms' personnel; we will be happy to give you a ride.
- Do not canoe, kayak or bike before dawn or after dusk.
- **Please ask our team if you need any assistance.**

SILVER LAKE / COPPER POND

Copper Pond on property and Silver Lake in Barnard are great places to swim and enjoy water based sports for all seasons. We have a selection of equipment available for your use. Like water based sports in general, there are inherent risks associated with the use of Silver Lake and Copper Pond. Such risks include, among other things, thin ice and dangerous water and sub-surface conditions. In Vermont, weather conditions can change dramatically in a short period of time, and sometimes without warning. Moreover, Twin Farms does not provide any lifeguard or other water safety instructor. Use of Silver Lake or Copper Pond is at your own risk.

Additional guidelines are as follows:

- Do not canoe or kayak before dawn or after dusk.
- Life vests are mandatory during all water sports activities.
- If you do choose to go swimming, swim within the designated swimming area and always swim with a partner.
- Do not swim after consuming alcoholic beverages.
- During the winter months, use caution when venturing out onto the frozen lake and pond. The lake and pond are a spring-fed bodies of water, so thin ice is a probability in many areas. If you chose to venture onto the lake or pond, you do so at your own risk.
- **Please ask our team if you need any assistance.**

SWIMMING

The swimming facilities at Twin Farms – either at Silver Lake or Copper Pond do not have lifeguards or water safety personnel to supervise swimming.

As there are no lifeguards or water safety personnel at Twin Farms, swimming and other water based activities are at your own risk.

In the interest of safety, we require you to follow these rules:

- NEVER SWIM ALONE – A minimum of two adults 18 years of age or older, must be present whenever our swimming facility is in use.
- IN AN EMERGENCY, NOTIFY THE FACILITY OPERATOR AND CONTACT HELP IMMEDIATELY. A telephone is provided at this facility. Telephone numbers for the nearest emergency medical service are posted.
- Use this facility only during posted hours of operation.
- Do not drink alcohol and swim, kayak, canoe or engage in any other water based activities.
- **If in doubt, please ask our team for assistance.**

ALCOHOL CONSUMPTION

Twin Farms has designed its inclusive operations to provide its guests with opportunities for fine dining, and, if they so choose, select alcoholic beverages, including wine, beer, and premium spirits. Vermont laws and regulations govern our ability to provide service of alcoholic beverages, and so we require you to follow these rules.

As we offer wine, beer, and sprits to our guests, Vermont laws and regulations prohibit our guests from bringing in outside alcoholic beverages for consumption during their stay at Twin Farms. We trust that you understand and will abide by such restriction.

Consumption of wine, beer, and spirits is limited to guests who are at least 21 years of age.

Consumption of alcoholic beverages is allowed only within specified common areas and certain adjacent designated outdoor spaces where Twin Farms provides service, and within your private accommodations.

Consumption of alcohol, whether wine, beer, or spirits, is not authorized outside of these designated areas.

Your inclusive stay and premium wine and spirit purchase includes alcoholic beverages within the authorized consumption limit:

- Consumption is permitted only in common areas and your accommodation.
- Service to your accommodation is available by the glass or bottle for wine and beer, and limited to individual serving for spirits and mixed drinks.

- Consumption in our common areas and service to your room is available each day from 8:00 am to 2:00 am.
- We have the obligation to check that you are of age, and we will limit service in our discretion if we believe you are intoxicated or impaired.
- Do not drink and drive; our staff is available to drive you and your vehicle at all times, at your request.

Retail Purchase

Be advised that under Vermont regulations, alcoholic beverages purchased at a retail location may not be consumed on the Twin Farms property.

- **Please ask our team if you need any assistance.**

PERSONAL INFORMATION & PRIVACY POLICY

We at Twin Farms take your privacy seriously. This policy covers the collection, processing and other use of personal data under the Data Protection Act 1998 (“DPA”) and the General Data Protection Regulations (“GDPR”). Personal data privacy policies may change to reflect current practices and legal requirements. The Twin Farms full and up-to-date Privacy Policy is available on our website.

We welcome any queries, comments or requests you may have regarding this Privacy Policy. Please do not hesitate to contact us at 452 Royalton Turnpike, Barnard, Vermont 05031 or privacy@twinfarms.com.

Acceptance of Terms and Conditions

By payment of the deposit, whether on-line or otherwise, I/we agree to the terms and conditions set forth above.

We are looking forward to welcoming you.