

# JANUARY *Winter on the Farm*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SONNENBERG MOUNTAIN</b> <i>at Twin Farms</i> <b>Open Daily</b> (based on conditions) <b>9:00a.m -4:00p.m.</b>				1 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* <i>*sign-up required</i>	2 8:00 a.m. Mat Pilates 10:00 a.m. Guided Hike 2:00 p.m.-Sundown Sleigh Rides	3 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00a.m. Pasta Making* 2:00 p.m. Pasta Making* <i>*sign-up required</i>
4 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	5 10:00 a.m. Guided Hike 11:30 a.m. Stretch and Restore Yoga 4:00 p.m. Wine Pairing Class	6 8:30 a.m. Mat Pilates 10:00 a.m. Yoga 10:00 a.m. Guided Hike 3:30 p.m. Whistle Pig Tasting	7 9:00 a.m. Yoga 10:00 a.m. Guided Hike 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	8 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* <i>*sign-up required</i>	9 8:00 a.m. Mat Pilates 10:00 a.m. Guided Hike 2:00 p.m.-Sundown Sleigh Rides 6:00 p.m. Cockail Hour. Meet and Greet with Chef Kyle Perkins	10 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00 p.m. Pasta Making* 3:00 p.m. Apres Huck and Shuck with Chef Kyle Perkins.
11 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	12 10:00 a.m. Guided Hike 11:30 a.m. Stretch and Restore Yoga 4:00 p.m. Wine Pairing Class	13 8:30 a.m. Mat Pilates 10:00 a.m. Yoga 10:00 a.m. Guided Hike 3:30p.m. Whistle Pig Tasting	14 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00 p.m. Pasta Making* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	15 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* <i>*sign-up required</i>	16 8:00 a.m. Mat Pilates 10:00 a.m. Guided Hike 2:00 p.m.-Sundown Sleigh Rides	17 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00 p.m. Pasta Making* <i>*sign-up required</i>
18 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	19 10:00 a.m. Guided Hike 11:30 a.m. Stretch and Restore Yoga 4:00 p.m. Wine Pairing Class	20 8:30 a.m. Mat Pilates 10:00 a.m. Yoga 10:00 a.m. Guided Hike 3:30p.m. Whistle Pig Tasting	21 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00p.m. Pasta Making* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	22 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* <i>*sign-up required</i>	23 8:00 a.m. Mat Pilates 10:00 a.m. Guided Hike 2:00 p.m.-Sundown Sleigh Rides	24 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00 p.m. Pasta Making* <i>*sign-up required</i>
25 10:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	26 10:00 a.m. Guided Hike 11:30 a.m. Stretch and Restore Yoga 4:00 p.m. Wine Pairing Class	27 8:30 a.m. Mat Pilates 10:00 a.m. Yoga 10:00 a.m. Guided Hike 3:30p.m. Whistle Pig Tasting	28 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Pasta Making* 2:00 p.m. Pasta Making* 2:30 p.m. Watercolor Painting* <i>*sign-up required</i>	29 9:00 a.m. Yoga 10:00 a.m. Guided Hike 11:00 a.m. Grilling & Roasting* 2:00 p.m. Grilling & Roasting* <i>*sign-up required</i>	30 8:00 a.m. Mat Pilates 10:00 a.m. Guided Hike 2:00 p.m.-Sundown Sleigh Rides	31 10:00 a.m. Yoga 10:00 a.m. Guided Hike 1:00 p.m. Krug Winter Lunch 2:00 p.m. Pasta Making* <i>*sign-up required</i>

*Twin Farms*

# JANUARY

Please speak with guest services with any questions and to reserve your place.

## *Snowsports*

### *Alpine Skiing & Ski Touring*

Leave the crowds behind: Our groomed trails are closed to the public and reserved just for you. Allow us to shuttle you to the summit or earn your turns with our touring equipment.

MOUNTAIN OPEN DAILY 9:00A.M.-4:00P.M.  
WHEN CONDITIONS ALLOW. CHECK IN WITH  
GUEST EXPERIENCE FOR THE TRAILS AND  
CONDITIONS REPORT.



### *Snowshoeing & Nordic Skiing*

Enjoy our 9-miles of hiking trails for snowshoe hiking or nordic skiing. Trail and Conditions reports available daily at the Carriage House.

### *Daily Guided Snowshoe Hike*

Experience Vermont's natural beauty with our guided trail hikes, designed for all skill levels.

MEET AT THE CARRIAGE HOUSE,  
DAILY, 10:00 A.M. TO 11:00 A.M.



### *Ice Skating on Copper Pond*

POND OPEN DAILY WHEN CONDITIONS ALLOW.  
STOP BY THE CARRIAGE HOUSE TO GET FITTED  
WITH SKATES.

*Twin Farms*



# WINTER

Please speak with guest services with any questions and to reserve your place.



## *Sleigh Rides*

Take a leisurely ride through the forest with Bruce Streeter's team of Belgian draft horses. Sip hot cocoa or cider under a wool blanket.

FRIDAY 2:00 P.M. -SUNDOWN  
PRIVATE RIDES AVAILABLE UPON REQUEST, ADDITIONAL FEES APPLY



## *Wellness*

### *Yoga and Mat Pilates*

Connect the mind body and spirit with a one-hour Hatha Yoga Class. Hosted in the Yoga Tent on the Yoga Deck.

SUNDAY 10:00 A.M. YOGA  
MONDAY 11:30 A.M. STRETCH AND RESTORATIVE YOGA  
TUESDAY 8:30 A.M. MAT PILATES AND 10:00 A.M. YOGA  
WEDNESDAY 9:00 A.M. YOGA  
THURSDAY 9:00 A.M. YOGA  
FRIDAY 8:00 A.M. MAT PILATES  
SATURDAY 10:00 A.M. YOGA

PRIVATE YOGA AND PILATES CLASSES AVAILABLE BY REQUEST-  
ADDITIONAL FEES APPLY.

### *Personal Training*

Choose a fitness experience tailored to your style—whether it's a traditional session in our studio, an energizing outdoor boot-camp, or a guided trail run with strength training intervals along the way.

AVAILABLE BY REQUEST, ADDITIONAL FEES APPLY.

### *The Onsen*

Experience privacy and healing in our traditional Onsen – an 8,000-gallon saltwater soaking pool set to 104 °F nestled perfectly in the woods.

HALF-HOUR SLOTS AVAILABLE ON THE HOUR.  
ADVANCED RESERVATION REQUIRED.



### *Guided Meditation*

Experience inner tranquility through a mindfulness meditation set in nature. Each session is curated to meet you where you are, whether a first-timer or a seasoned practitioner.

AVAILABLE BY REQUEST WITH 24 HOURS NOTICE.

*Twin Farms*

# WINTER

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## Culinary



### *Pasta Making Class\**

Try your hand at the ancient art of pasta making, from shaping a “well” out of flour, to mixing in farm-fresh eggs, to kneading...and kneading until you are ready to fold, cut, cook and taste!

\*RESERVATION REQUIRED, TWIGG'S KITCHEN  
WEDNESDAYS AT 11AM AND SATURDAY AT 2 P.M.

### *Grilling and Roasting Class\**

Learn how our chefs grill and roast over open flame, from the best ways to break down and grill a chicken or duck, to the proper techniques for roasting farm fresh vegetables and foraged mushrooms.

\*RESERVATION REQUIRED, TWIGG'S  
THURSDAY & SUNDAY AT 11 A.M.

### *Whistle Pig Tasting*

Taste Vermont's Whistle Pig Whiskey, lovingly paired with fresh-baked cinnamon-sugar donuts, for the perfect blend of sweet and spice!

TWIGG'S  
TUESDAY, 3:30 P.M.

### *Wine Pairing Class*

Join a Twin Farm's Sommelier and learn how to pair wines for your next soiree !

TWIGG'S  
MONDAY, 4:00 P.M.

## Art



### *Watercolor Painting\**

Capture gorgeous landscapes and idyllic scenery on paper while learning the art of watercolor painting with our resident artist. Create a masterpiece worthy of the mantle or a keepsake that will forever remind you of Vermont.

THE MAIN HOUSE  
WEDNESDAY AND SUNDAY 2:30 P.M.

### *Guided Art Tour*

Enjoy a guided tour of the Main House, a circa 1790 construction, and its impressive art collection featuring works by Milton Avery, Jasper Johns, and Rufino Tamayo, to name just a few...



*Twin Farms*