

# FEBRUARY

## Winter on the Farm

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### SONNENBERG MOUNTAIN at Twin Farms

Open Daily  
(based on conditions)  
9:00a.m - 4:00p.m.

#### Snow Sports available:

Downhill Skiing  
Skating  
Sledding  
Snowshoeing  
Cross-Country Skiing

Conditions updated  
Daily

1	2	3	4	5	6	7
10:00 a.m. Yoga  10:00 a.m. Guided Hike  2:30 p.m. Watercolor Painting*  *sign-up required	10:00 a.m. Guided Hike  11:30 a.m. Stretch and Restore Yoga  4:00 p.m. Wine Pairing Class	8:30 a.m. Mat Pilates  10:00 a.m. Yoga  10:00 a.m. Guided Hike  3:30 p.m. Whistle Pig Tasting	9:00 a.m. Yoga  10:00 a.m. Guided Hike  2:30 p.m. Watercolor Painting*  *sign-up required	9:00 a.m. Yoga  10:00 a.m. Guided Hike	8:00 a.m. Mat Pilates  10:00 a.m. Guided Hike  2:00 p.m.-Sundown Sleigh Rides	10:00 a.m. Yoga  10:00 a.m. Guided Hike
8	9	10	11	12	13	14
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15	16	17	18	19	20	21
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22	23	24	25	26	27	28
10:00 a.m. Yoga  10:00 a.m. Guided Hike  2:00 p.m. - 4:00 p.m. Ocean House Weekend Ski with the Chefs and Après at the Warming Hut  *sign-up required	10:00 a.m. Guided Hike  11:30 a.m. Stretch and Restore Yoga  4:00 p.m. Wine Pairing Class	8:30 a.m. Mat Pilates  10:00 a.m. Yoga  10:00 a.m. Guided Hike  3:30p.m. Whistle Pig Tasting	9:00 a.m. Yoga  10:00 a.m. Guided Hike  2:30 p.m. Watercolor Painting*  *sign-up required	9:00 a.m. Yoga  10:00 a.m. Guided Hike	8:00 a.m. Mat Pilates  10:00 a.m. Guided Hike  3:00 p.m.-Sundown Sleigh Rides	10:00 a.m. Yoga  10:00 a.m. Guided Hike  5:30 p.m. Author Weekend Fireside Chat with Shelia Yasmin Marikar

*Twin Farms*

Please speak with guest services with any questions and to reserve your place.

## *Snowsports*

### *Alpine Skiing & Ski Touring*

Leave the crowds behind: Our groomed trails are closed to the public and reserved just for you. Allow us to shuttle you to the summit or earn your turns with our touring equipment.

MOUNTAIN OPEN DAILY 9:00A.M.-4:00P.M.  
WHEN CONDITIONS ALLOW. CHECK IN WITH  
GUEST EXPERINCE FOR THE TRAILS AND  
CONDITIONS REPORT.



### *Snowshoeing & Nordic Skiing*

Enjoy our 9-miles of hiking trails for snowshoe hiking or nordic skiing. Trail and Conditions reports available daily at the Carriage House.

### *Daily Guided Snowshoe Hike*

Experience Vermont's natural beauty with our guided trail hikes, designed for all skill levels.

MEET AT THE CARRIAGE HOUSE,  
DAILY, 10:00 A.M. TO 11:00 A.M.



### *Ice Skating on Copper Pond*

POND OPEN DAILY WHEN CONDITIONS ALLOW.  
STOP BY THE CARRIAGE HOUSE TO GET FITTED  
WITH SKATES.

# WINTER

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## Sleigh Rides

Take a leisurely ride through the forest with Bruce Streeter's team of Belgian draft horses. Sip hot cocoa or cider under a wool blanket.

FRIDAY 2:00 P.M. - SUNDOWN  
PRIVATE RIDES AVAILABLE UPON REQUEST, ADDITIONAL FEES APPLY



## Wellness



## Guided Meditation

Experience inner tranquility through a mindfulness meditation set in nature. Each session is curated to meet you where you are, whether a first-timer or a seasoned practitioner.

AVAILABLE BY REQUEST WITH 24 HOURS NOTICE.

## yoga and Mat Pilates

Connect the mind body and spirit with a one-hour Hatha Yoga Class. Hosted in the Yoga Tent on the Yoga Deck.

SUNDAY 10:00 A.M. YOGA

MONDAY 11:30 A.M. STRETCH AND RESTORATIVE YOGA

TUESDAY 8:30 A.M. MAT PILATES AND 10:00 A.M. YOGA

WEDNESDAY 9:00 A.M. YOGA

THURSDAY 9:00 A.M. YOGA

FRIDAY 8:00 A.M. MAT PILATES

SATURDAY 10:00 A.M. YOGA

PRIVATE YOGA AND PILATES CLASSES AVAILABLE BY REQUEST-  
ADDITIONAL FEES APPLY.

## The Onsen

Experience privacy and healing in our traditional Onsen – an 8,000-gallon saltwater soaking pool set to 104 °F nestled perfectly in the woods.

HALF-HOUR SLOTS AVAILABLE ON THE HOUR.  
ADVANCED RESERVATION REQUIRED.

*Twin Farms*

# WINTER

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## Culinary

### *Wine Pairing Class*

Join a Twin Farm's Sommelier and learn how to pair wines for your next soiree!

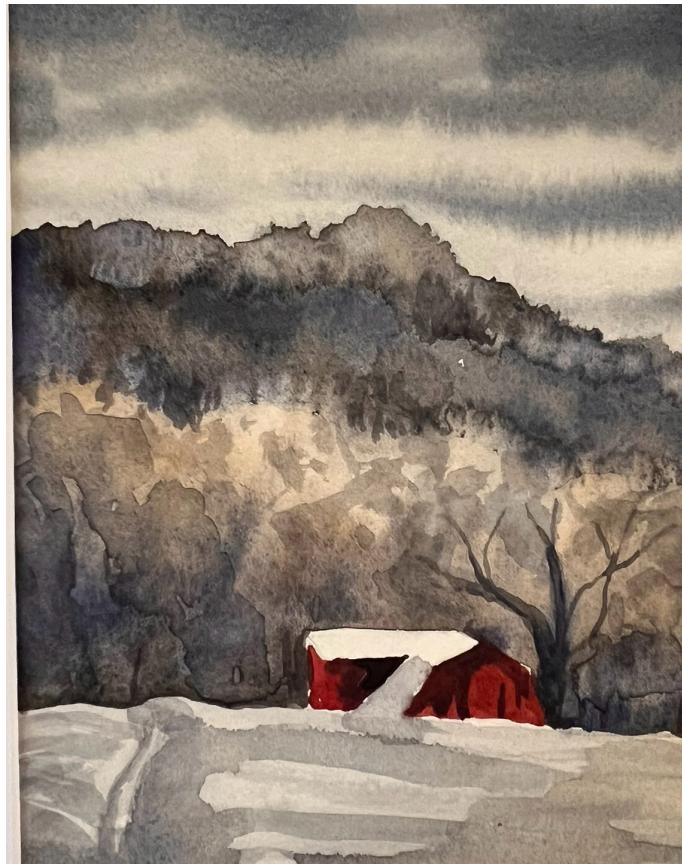
TWIGG'S

MONDAY, 4:00 P.M.

### *Whistle Pig Tasting*

Taste Vermont's Whistle Pig Whiskey, lovingly paired with fresh-baked cinnamon-sugar donuts, for the perfect blend of sweet and spice!

TWIGG'S



### *Guided Art Tour*

Enjoy a guided tour of the Main House, a circa 1790 construction, and its impressive art collection featuring works by Milton Avery, Jasper Johns, and Rufino Tamayo, to name just a few...



## *Art*

### *Watercolor Painting\**

Capture gorgeous landscapes and idyllic scenery on paper while learning the art of watercolor painting with our resident artist. Create a masterpiece worthy of the mantle or a keepsake that will forever remind you of Vermont.

THE MAIN HOUSE

WEDNESDAYS & SUNDAYS 2:30 P.M.



# ENHANCED EXPERIENCES

## Culinary

### Pasta Making Class\*

Try your hand at the ancient art of pasta making, from shaping a “well” out of flour, to mixing in farm-fresh eggs, to kneading...and kneading until you are ready to fold, cut, cook and taste!

\*RESERVATION REQUIRED \$150 - PER PERSON.

TWIGG'S KITCHEN WEDNESDAYS & SATURDAYS AT 11 A.M. & 2 P.M.



### Grilling and Roasting Class\*

Learn how our chefs grill and roast over open flame, from the best ways to break down and grill a chicken or duck, to the proper techniques for roasting farm fresh vegetables and foraged mushrooms.\*RESERVATION REQUIRED \$ 150 - PER PERSON

TWIGG'S KITCHEN THURSDAYS & SUNDAYS AT 11 A.M. & 2 P.M.

### Valentines Day Souffle Class\*

Join Twin Farms executive pastry Chef Chris Wilson for a souffle master class.

\*RESERVATION REQUIRED \$ 150 - PER PERSON

SATURDAY FEBRUARY 14TH AT 11 A.M.

## Art



### Private Watercolor Painting\*

Ideal for one-on-one instruction or your private group class.

AVAILABLE BY REQUEST \$450 UP TO SIX PARTICIPANTS  
THE MAIN HOUSE

## Wellness

### Private Personal Training

Choose a fitness experience tailored to your style—whether it's a traditional session in our studio, an energizing outdoor boot-camp, or strength training.

### Private Yoga & Mat Pilates

AVAILABLE BY REQUEST

\$180/HR PRIVATE \$240/HR SEMI PRIVATE

## Cancelation Policy

Please notify Twin Farms of any cancellations or changes at least 24 hours in advance of the scheduled booking to avoid being charged the full value of the experience. Same day bookings are final and will be subject to the cancellation policy if canceled or changed.