

# FEBRUARY

## Winter on the Farm

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### SONNENBERG MOUNTAIN at Twin Farms

**Open Daily**  
(based on conditions)  
9:00a.m - 4:00p.m.

#### Snow Sports available:

Downhill Skiing  
Skating  
Sledding  
Snowshoeing  
Cross-Country Skiing

Conditions updated  
Daily

1

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

2

10:00 a.m.  
Guided Hike  
11:30 a.m.  
Stretch and Restore  
Yoga  
4:00 p.m.  
Wine Pairing Class

3

8:30 a.m.  
Mat Pilates  
10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
3:30 p.m.  
Whistle Pig Tasting

4

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

5

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

6

8:00 a.m.  
Mat Pilates  
10:00 a.m.  
Guided Hike  
2:00 p.m.-Sundown  
Sleigh Rides

7

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

8

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

9

10:00 a.m.  
Guided Hike  
11:30 a.m.  
Stretch and Restore  
Yoga  
4:00 p.m.  
Wine Pairing Class

10

8:30 a.m.  
Mat Pilates  
10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
3:30p.m.  
Whistle Pig Tasting

11

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

12

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

13

8:00 a.m.  
Mat Pilates  
10:00 a.m.  
Guided Hike  
2:00 p.m.-Sundown  
Sleigh Rides

14

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

15

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

16

10:00 a.m.  
Guided Hike  
11:30 a.m.  
Stretch and Restore  
Yoga  
4:00 p.m.  
Wine Pairing Class

17

8:30 a.m.  
Mat Pilates  
10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
3:30p.m.  
Whistle Pig Tasting

18

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

19

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

20

8:00 a.m.  
Mat Pilates  
10:00 a.m.  
Guided Hike  
3:00 p.m.-Sundown  
Sleigh Rides  
5:00 p.m.  
Ocean House Weekend  
Meet & Greet with Chef Terence  
Feury

21

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

22

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:00 p.m - 4:00 p.m.  
Ocean House Weekend  
Ski with the Chefs and Après at  
the Warming Hut  
\*sign-up required

23

10:00 a.m.  
Guided Hike  
11:30 a.m.  
Stretch and Restore  
Yoga  
4:00 p.m.  
Wine Pairing Class

24

8:30 a.m.  
Mat Pilates  
10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
3:30p.m.  
Whistle Pig Tasting

25

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
2:30 p.m.  
Watercolor Painting\*  
\*sign-up required

26

9:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike

27

8:00 a.m.  
Mat Pilates  
10:00 a.m.  
Guided Hike  
3:00 p.m.-Sundown  
Sleigh Rides

28

10:00 a.m.  
Yoga  
10:00 a.m.  
Guided Hike  
5:30 p.m.  
Author Weekend  
Fireside Chat with Shelia  
Yasmin Marikar

*Twin Farms*

Please speak with guest services with any questions and to reserve your place.

## *Snowsports*

### *Alpine Skiing & Ski Touring*

Leave the crowds behind: Our groomed trails are closed to the public and reserved just for you. Allow us to shuttle you to the summit or earn your turns with our touring equipment.

MOUNTAIN OPEN DAILY 9:00A.M.-4:00P.M.  
WHEN CONDITIONS ALLOW. CHECK IN WITH  
GUEST EXPERIENCE FOR THE TRAILS AND  
CONDITIONS REPORT.



*Snowshoeing & Nordic Skiing*  
Enjoy our 9-miles of hiking trails for snowshoe hiking or nordic skiing. Trail and Conditions reports available daily at the Carriage House.

### *Daily Guided Snowshoe Hike*

Experience Vermont's natural beauty with our guided trail hikes, designed for all skill levels.

MEET AT THE CARRIAGE HOUSE,  
DAILY, 10:00 A.M. TO 11:00 A.M.



### *Ice Skating on Copper Pond*

POND OPEN DAILY WHEN CONDITIONS ALLOW.  
STOP BY THE CARRIAGE HOUSE TO GET FITTED  
WITH SKATES.

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# WINTER

Please speak with guest services with any questions and to reserve your place.



## *Sleigh Rides*

Take a leisurely ride through the forest with Bruce Streeter's team of Belgian draft horses. Sip hot cocoa or cider under a wool blanket.

FRIDAY 2:00 P.M. -SUNDOWN  
PRIVATE RIDES AVAILABLE UPON REQUEST, ADDITIONAL FEES APPLY



## *Wellness*



## *Guided Meditation*

Experience inner tranquility through a mindfulness meditation set in nature. Each session is curated to meet you where you are, whether a first-timer or a seasoned practitioner.

AVAILABLE BY REQUEST WITH 24 HOURS NOTICE.

## *Yoga and Mat Pilates*

Connect the mind body and spirit with a one-hour Hatha Yoga Class. Hosted in the Yoga Tent on the Yoga Deck.

SUNDAY 10:00 A.M. YOGA  
MONDAY 11:30 A.M. STRETCH AND RESTORATIVE YOGA  
TUESDAY 8:30 A.M. MAT PILATES AND 10:00 A.M. YOGA  
WEDNESDAY 9:00 A.M. YOGA  
THURSDAY 9:00 A.M. YOGA  
FRIDAY 8:00 A.M. MAT PILATES  
SATURDAY 10:00 A.M. YOGA

PRIVATE YOGA AND PILATES CLASSES AVAILABLE BY REQUEST-  
ADDITIONAL FEES APPLY.

## *The Onsen*

Experience privacy and healing in our traditional Onsen – an 8,000-gallon saltwater soaking pool set to 104 °F nestled perfectly in the woods.

HALF-HOUR SLOTS AVAILABLE ON THE HOUR.  
ADVANCED RESERVATION REQUIRED.

*Twin Farms*



# WINTER

Please speak with guest services with any questions and to reserve your place.

## *Culinary*

### *Wine Pairing Class*

Join a Twin Farm's Sommelier and learn how to pair wines for your next soiree !

TWIGG'S  
MONDAY, 4:00 P.M.

### *Whistle Pig Tasting*

Taste Vermont's Whistle Pig Whiskey, lovingly paired with fresh-baked cinnamon-sugar donuts, for the perfect blend of sweet and spice!

TWIGG'S



## *Art*

### *Watercolor Painting\**

Capture gorgeous landscapes and idyllic scenery on paper while learning the art of watercolor painting with our resident artist. Create a masterpiece worthy of the mantle or a keepsake that will forever remind you of Vermont.

THE MAIN HOUSE  
WEDNESDAYS & SUNDAYS 2:30 P.M.



### *Guided Art Tour*

Enjoy a guided tour of the Main House, a circa 1790 construction, and its impressive art collection featuring works by Milton Avery, Jasper Johns, and Rufino Tamayo, to name just a few...



*Twin Farms*

# ENHANCED EXPERIENCES

## Culinary

### *Pasta Making Class\**

Try your hand at the ancient art of pasta making, from shaping a “well” out of flour, to mixing in farm-fresh eggs, to kneading...and kneading until you are ready to fold, cut, cook and taste!

\*RESERVATION REQUIRED \$150 - PER PERSON.

TWIGG'S KITCHEN WEDNESDAYS & SATURDAYS AT 11 A.M. & 2 P.M.

### *Grilling and Roasting Class\**

Learn how our chefs grill and roast over open flame, from the best ways to break down and grill a chicken or duck, to the proper techniques for roasting farm fresh vegetables and foraged mushrooms.\*RESERVATION

REQUIRED \$ 150 - PER PERSON

TWIGG'S KITCHEN THURSDAYS & SUNDAYS AT 11 A.M. & 2 P.M.

### *Valentines Day Souffle Class\**

Join Twin Farms executive pastry Chef Chris Wilson for a souffle master class.

\*RESERVATION REQUIRED \$ 150 - PER PERSON

SATURDAY FEBRUARY 14TH AT 11 A.M.



## Art

### *Private Watercolor Painting\**

Ideal for one-on-one instruction or your private group class.

AVAILABLE BY REQUEST \$450 UP TO SIX PARTICIPANTS  
THE MAIN HOUSE



## Wellness

### *Private Personal Training*

Choose a fitness experience tailored to your style—whether it's a traditional session in our studio, an energizing outdoor boot-camp, or strength training.

### *Private Yoga & Mat Pilates*

AVAILABLE BY REQUEST

\$180/HR PRIVATE \$240/HR SEMI PRIVATE

### *Cancellation Policy*

Please notify Twin Farms of any cancellations or changes at least 24 hours in advance of the scheduled booking to avoid being charged the full value of the experience. Same day bookings are final and will be subject to the cancellation policy if canceled or changed.

*Twin Farms*